

"We have been protecting Lake Superior boaters since 1971"

Coast Guard Auxiliary

148th Fighter Wing 60th Anniversary!

OFFICIAL FREE GUIDE FOR OUR TWIN PORTS VETS:



October 1, 2008 vol 1 - issue 4

**FDITOR/PUBLISHER** Dwight Nelson

ART DIRECTOR Lily by the Lake; Carol Lilyquist

#### **CONTRIBUTORS -**

Air Force Association Chapter 226 Carol Wolosz, President

Disabled American Veterans Bruce Solem, Commander

West Duluth American Legion Post 71 & Auxiliary Unit 71 Sons of the American Legion Brian McFarland, Jr, Commander

David Wisted-Zenith City American Legion Post 28 Tyler Witzke, Commander

Minnesota Assistance Council for Veterans, Duluth Durbin Keeney, Regional Director

**Neill Atkins** 

148th Fighter Group

**Coast Guard Auxiliary** 

**Combined Color Guard** 

**Duluth Composite Squadron** 

**Duluth Vets Center** 

MNGEA 148th

OEF

Northland Vietnam Veterans Association Kathy Camps. President

Silver Bay Veterans Home Ward Wallin, Volunteer Program Administrator

St. Louis Co. Veterans Service Office County Veterans Service Officer

Veteran's Memorial Hall Daniel Hartman. Program Director

Duprey - Alexander Post 137 & Auxiliary VFW 137 Bradlev J. Bennett. Commander

Northland Vietnam Veterans Memorial Foundation, Bradley Bennett, President

Chris Dahlberg

Fox - Sutherland VFW Post 6320 Dwight R. Nelson, Commander

Lily by the Lake **Carol Lilyquist** 218-591-2577 carol@lilybythelake.com

Jeff Papas

Professional Proofreader

TO CONTACT EDITOR: Dwight Nelson PO Box 161456 Duluth, MN 55816 218-213-5544 deac805@cpinternet.com at the Northland Vietnam Veterans Memorial 2008 September, 19 Lakewalk, o



#### DEPARTMENTS MESSAGE from the Editor



Dwight Nelson

s I am writing this editorial, I am sitting in the clubroom of what was, until recently, V.F.W. Post 6320. rooms are empty, there are blank rectangles on the walls with holes in the plaster where pictures, plagues, and notices used to hang. A thin layer of dust is starting to cover every object, and tar and nicotine stains the walls (as it has since 1937).

Tables and chairs are stacked up along one wall, where they used to be spread out across the room inviting you to sit and relax. The jukebox is unplugged and dim - okay, that hasn't changed. I can almost hear the echoes of ice clinking in tumblers, of a beer bottle being knocked over by someone's elbow, a woman's laughter coming from the first red vinyl covered chair on the landing at the far side of the bar, the rap of the gavel calling for the meeting to come to order, the Karaoke machine playing "Did I Shave My Legs For This?" just a little too loud for normal conversation, and the happy din of a young couples' wedding reception.

V.F.W. Posts 137 and 6320 are merging shortly and this building is being leased out to the West Duluth Moose. They will reopen the building soon. The merger will bring about a more robust and revitalized V.F.W. for Duluth, by combining our strengths. But that doesn't dismiss the underlying reason for the demise of this Post and the decline of other organizations and activities.

It is the lack of support by the memberships of our associations, period. When you, the membership, stay away and do not participate, the impetus and energy wanes, as do the programs, activities, charitable projects, and support for the area service personnel and their families. This, in turn, creates a lack of interest in becoming a member of our organizations by the younger veterans in the area.

This problem is reiterated throughout this issue (and past issues) of Cadence in the various articles submitted for publication. The termination of the POW/MIA 24 Hour Vigil is brought up again by the Duluth Combined Color Guard article. When we cannot take an hour or two of our time to recognize, support, and educate the public about those who have spent years of their lives in captivity and absolute hell, what does that tell the men and women in uniform today about us and our organizations? About our support of them? About how they and their concerns would be treated by us?

I know we can and should do better. In the past two issues there was

Health Care Access Office Veterans of Foreign War Post 137

Air Force Association Chapter 226

Northland Vietnam Veterans' Association

- 148th Fighter Wing

Duluth Combined Honor Guard

an ad and coupon by the Gilbert Nordmann D.A.V. Chapter 6 requesting financial assistance for their programs here Northland. This Chapter covers most of Arrowhead area and has many obligations to those of us who came back with physical and psychological problems to manage.

Your lack of response was underwhelming at best. I cannot believe that

Continued on page 3



# MESSAGE from the Editor - CONTINUED -

you can not afford a ten-dollar donation (a trip to McDonalds) for this program. I was recently informed that the Veterans Home in Silver Bay was sending a bus of their clients down to a local veteran's exhibit and this chapter was sending volunteers to assist with these senior veterans. The Silver Bay veterans received free passes, but the DAV volunteers had to take money out of their own pockets to purchase tickets to enter.

Even the West Duluth American Legion, the largest Post in Duluth, has been asking for volunteers for their various projects and events and you don't respond to their requests. These are just a few samples of what can and should be done for the benefit of the veteran community, but are being ignored by the majority of you. What does this say to anyone looking at our organizations from the outside who may be considering joining? What does this say to the person in uniform today or someone thinking about a military career about your support, your faith, and your patriotism?

For those that didn't know it, September 17th was Constitution Day; when our Constitution was ratified in 1787 (eleven years after our independence). In our youth, we once stood in a room in our "civvies", in front of a uniformed officer, and swore to uphold and defend our country, our laws, and our Constitution from all her enemies. And today it seems as if all of these things are under attack. Our country is being divided on many levels, our laws are being subverted, and there are organized efforts to change parts of our Constitution. We are being divided by words.

I have a great dislike for the hyphen in today's American. To me the hyphen is nothing more than a minus sign. It divides and separates people, it doesn't unite. We are Americans who love our country and all it stands for, and we have one thing in common that unites us. We have the free will right to vote for whomever we choose.

The elections are next month, and we as veterans, who have served this country know that our freedoms come with a price and an obligation, to

# vote. I hope that we all will go to our polling sites and vote.

I also hope that, after the voting is done for the various races, we will be able to unite, acknowledge our differences, put our animosities away, and work together for the benefit of this country. Welcome Home and may God bless the United States of America.

#### 

Dwight "Deacon" Nelson
Editor/Publisher
Forty-Ten Enterprises, LLC
P.O. Box 161456 • Duluth, MN, 55816

218-213-5544

deac805@ cpinternet.com

#### Editor:

Cadence is an amazing publication. Kudos. You have set the model for what VFW, Legion, and other veteran organizations across the country should be doing.

Bryan P. T. Lean Director and Curator - North Texas History Center

#### Hi Dwight,

Both my mom and I love receiving and reading the articles in the Cadence Paper. Way to go!

#### Semper Fi,

Judith McKeever and Gold Star Mother of Michael E. McKeever, LaVeryn P. McKeever

Dear Deac:

П

I AM GOING TO SAY WHAT YOU WOULDN'T!

Everyone who reads Cadence loves it, and looks forward to the next issue.

What they don't know is that in order to start this magazine that you have had to dig into you own pocket each month. We all want long-term success for Cadence.

Now I know there is a risk in starting up any business. We all need to help. You need ad visitors! Here is what we can do. If you are reading this and own a business please contact Deac and put in an ad or contract for a year of ads.

Cadence is a great thing to unite the veterans' community ever and if you are like me as soon as I read it I am looking forward to the next issue. Then lets get behind Deac and help to get the ads that are needed.

Bless you Deac for your courage and your risk taking for the benefit of others.

Sincerely, Durb K.

# Do you have a NATURAL GIFT of Selling?



# is looking for SALES REPRESENTITIVES NOV!

We offer a High Commission and Flexible Schedules

# CANDIDATES - must have -

- Advertising Background
- Excellent Communication Skills and be Organized

Call today for more information!

218-213-5544



# From the Other End of I-35

Bryan P. T. Lean

Director and Curator - North Texas History Center

all photos courtesy Bryan Lean

read with great interest the article on Uncle AI -Albert Woolson - in your second issue. I have fond memories of the first veteran in Duluth that I encountered - Sid Henson. And I do mean encountered: no one met Sid, you became part of his world. From his attic shrine to the Boys of the USS Paducah, to the grapevines growing in front of his house (and the jelly therefrom), and constantly finding yourself in a Sid Henson photograph which he took from the camera permanently suspended around his neck - there was no escaping Sid.

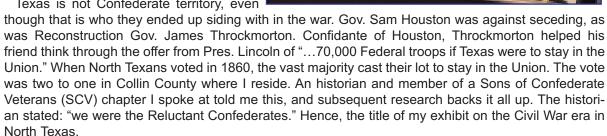
Sid was Albert, or at least lived to remind us of this noble man. He introduced me to the bronze statue on a trip to Canal Park, the second home of the statue (the first was Sid's backyard). It was after Sid passed away that his secret promise came true. "Bryan," he told me while we stood in a frozen Canal Park (probably May), "If they ever move this statue to someplace more fitting, look for the bottle of whiskey under the statue. That is where Gene Laajalo, Bill Pogorelc, Matt Lahti, and I had a drink with Albert when we moved him here."

Sure enough, when the City crew (including one editor and publisher of this very newspaper) called me at my office at the Depot to inform me that they found a time capsule under the statue, I thought, "Sid, you little rascal. Thanks for making my day from the great beyond".

Albert ended up outside the Depot where I could keep an eye on him from my desk, "The Last Man sitting sentry over his little garden, greeting visitors to the museum".

I never forgot about Albert and Sid, even after moving to the other end of I-35.

Texas is not Confederate territory, even



When it came time to vote at the State Convention of Jan 1861, Throckmorton was reported to have said, loudly, "hell no" when asked if Collin County was for secession. After losing to the plantation rich southern portion of the State, Houston resigned, while Throckmorton went back home and raised the first Confederate army from the area.

One of the most interesting portions in my new exhibit is on Remembrance and Reunion. And that is where Albert Woolson reenters our story. I stated in my exhibit on Woolson in Duluth, that he was the Last Survivor of the Union Army. While researching for my new exhibit, I ran into a handful of Last Confederates, all whom claimed to have outlived Woolson. But the two oldest of them were far too young to have served.

Walter Williams was celebrated as the last Confederate. But census records show that he was six years old when the war started. John Salling also claimed to be the last Confederate, but census records indicate he was born in 1856. The State Civil War museum in Fort Worth features an exhibit on Williams, the self proclaimed Last Man. It even features an issue of Life magazine with a photo story on him. The Department of Veterans Affairs website was of no help (imagine that), adding more confusion and additional names. The SCV had their opinions (multiple) and surely did not want to admit



the clearly forming truth, as their honor guards could not have made the mistake (three times) of burying the ultimate last survivor from either side of the Civil War. But the 1860 census records revealed the truth. And I smiled and thought of Sid yet again.

### Albert Woolson was the Last Man to survive. From either side.

This fact alone is cause for a permanent tribute in Duluth - beyond the bronze. For Americans are not tired of the Civil War, even as we near its 150th anniversary. And what a fitting start to telling the stories of those who served and fought, and those who worked and waited and worried back in the Twin Ports. Not to belittle the Congressional Medal of Honor recipients, but is there a better veteran than Albert Woolson? Sitting there in bronze, through all those years, Duluth summers, winters, the gulls in Canal Park, and now the curiosity of visitors to the Depot. That smirk on his face, the glint in his eyes: it now makes sense. He knew all along. He was The Final One.



# DISABLEDAMERICANVETERANS



Gilbert Nordmann Chapter 6 ★ PO Box 16142 ★ Duluth, MN 55816-0142

#### Building Better Lives for America's Disabled Veterans

# DAV Clothing Drive Is Still Active and Growing / Change in Collection Days

Collection days are the second and fourth Thursday of October. This is October 9th and October 30th at the American Legion, Post 71 in West Duluth between 3 p.m. and 5 p.m.

Please continue to bring your bagged clothing to us. By dropping off your old clothing (in bags please) not only do you rid yourself of clutter, but the DAV is able to sell those clothes by the pound and raise money to help local disabled vets!

Volunteers are needed to help collect and pack items. It's a great way to meet other vets while helping your chapter at the same time! Please contact Holly at 715-392-0447. Thanks also to the Air Force Sergeants Association Auxiliary #859 for their clothing donations.

# **Auxiliary** News

The Auxiliary is now meeting from 6:30 to 7:30 p.m. on the third Thursday of each month, at the Depot. We meet the same time as the men for transportation reasons. We presently have 33 members and are always looking for more members, either new or transfer members from other units. Join us for a meeting and check us out!

Our new Charter was granted in May of 2007. We have an enthusiastic and active group that meets each month. At the May 2008 convention in Rochester, MN we received a certificate of excellence for our 'Community Service' activities. A big thank you goes to all the members that helped with the Forget-Me-Not drive. Our annual joint picnic with the men's chapter was held August 23rd at Enger Tower. Please, call Marilyn (626-3366) or Mary (525-3669) for membership information. If you would need transportation, please let us know.

#### VA is Improving Benefits to Aid Disabled Veterans in Adapting Homes

The Department of Veterans Affairs will use a locally-based approach in raising ceilings on its no-down-payment home loans. The increases are effective immediately under legislation recently enacted with President Bush signing the Housing and Economic Recovery Act of 2008.

That law also improved the VA's Specially Adapted Housing Program raising primary grants from \$50,000 to \$60,000 toward the construction of a new home or modifying an existing home to meet adaptive needs of veterans or active duty service members with certain service-connected disabilities.

Another new feature is a provision in the law that will assist victims with certain service-connected disabilities resulting from severe burns to receive the adaptive housing grants. Contact the VA at 877-827-38702 or www.homeloans.va.gov

#### Join the Disabled American Veterans

(DAV) If you are thinking about joining the DAV, have questions or want to help other disabled veterans join, please contact Jerry Uecker at 218-391-8800, or Joe Behl at 218-722-7692. They can help you fill out your application, explain the benefits of the DAV and get things going right for you. Joe can also help you arrange transportation to our monthly meetings. E-mail us at davduluthmn@gmail.com

The IRS urges Veterans to Seek Economic Stimulus Funds The Internal Revenue Service says disabled veterans have until Oct. 15 to file claims for economic stimulus payments. Disabled veterans who do not normally file a tax return are eligible for the payments, but need to file a tax return before Oct. 15 in order to qualify for the stimulus funds.

For Assistance Please Call Jerry Uecker at 218-391-8800. He can answer your questions and help you file.



**DAV Officers** 

#### Senior Chapter Officers 07/08

Commander: Bruce Solem
218-525-1709 or BSERL@msn.com

Sr. Vice Cdr & Sr. Chapter Officer Jerry Uecker
218-729-9775 or jerryuecker@cpinternet.com

Adjutant Barney Revier
218-728-4937 or brev558@gmail.com
Auxiliary Contacts:

Unit Commander Marilyn Fleming
218-626-3366 or mlflem@gmail.com

Adjutant: Mary Smestad
218-525-3669 or positivesolution@qwest.net

Chapter Email: davduluthmn@gmail.com

PLEASE THANK THE MANAGERS, persons at the registers and store employees at the following businesses for their kindness during our annual Forget Me Not drive. Your thank-you goes a long way in showing our appreciation for their kindness: Sam's Club; The Miner family and Super One Stores; West Duluth Kmart; Duluth Heights BP station along with the neighboring Sammy's Pizza; West Duluth Legion Post 71; Elks Club and any other businesses and clubs who allowed us to collect funds on their premises.

#### **Welcome New Members**

John M. Berglund Raymond J. Kyllonen Jonathan Lynn Morris Alvin Resberg Ronald C. Rodriquez Charles Zubich

Please Come to our Meetings: We meet on the 3rd Wednesday of each month, except January, in the RUTH MANEY ROOM, at the Duluth Depot (506 West Michigan Street), at 6:30 p.m. Contact any officer with items you would like to see addressed at the meeting.

#### Historic Legislation to End Delays in Veterans Health Care Funding - New National Poll Shows Large Majority Supports Funding Reform

Nine of the nation's largest veterans service organizations, representing a combined 8 million members, today praised Senate Veterans' Affairs Committee Chairman Daniel Akaka (D-Hawaii), House Veterans' Affairs Committee Chairman Bob Filner (D-Calif.), and a group of bipartisan cosponsors for introducing legislation to reform the budget process to assure sufficient, timely and predictable funding for veterans' health care programs.

The Partnership for Veterans Health Care Budget Reform (www.fundingforvets.org), which worked closely with the bill sponsors in drafting the legislation, is comprised of The American Legion, AMVETS, Blinded Veterans Association (BVA), Disabled American Veterans (DAV), Jewish War Veterans (JWV), Military Order of the Purple Heart (MOPH), Paralyzed Veterans of America (PVA), Veterans of Foreign Wars (VFW), and Vietnam Veterans of America (VVA).

"For almost two decades, veterans health care funding has either been insufficient or late, and usually it is both," said PVA President Randy Pleva, speaking on behalf of the Partnership. "While funding bills have increased in recent years, especially the last two years, they are still consistently late. We must reform the funding system if we are to assure comprehensive and timely health care services for current and future gener-

ations of veterans," he said.

American Legion National Commander David K. Rehbein, also speaking for the Partnership, praised the bill's bipartisan cosponsors, Senators Olympia Snowe (R-ME), Russ Feingold (D-WI), and Mary Landrieu (D-LA), and Lisa Murkowski (R-AK) and Congressmen Walter Jones (R-NC), Michael Michaud (D-ME), and Phil Hare (D-IL). "We applaud all of the bill's sponsors who have taken the lead in Congress to create a lasting legacy for our veterans by reforming the budget process to ensure that veterans health care funding is sufficient, timely and predictable," Rehbein said.

Continued on page 21



# **VEILLATKINS**



### "Ten Good Reasons to Start YOUR Retirement Planning Today"

From: Neill A. Atkins

Contact: atkinsn@financialnetwork.com • 218.740.2284

Financial security in retirement is not an abstract concept. There are a number of specific reasons to start your retirement planning today. Here are ten:

- 1. The cruise...the ones your friends who are retired will take, even if you have to work. The other folks get to go out and play, but if you cannot afford the time or cost, you don't get to go with them.
- 2. Inflation...and how it can gobble up the purchasing power of a too-little nest egg faster than you can say, "Where did it all go?" Inflation is fairly low today. Still, if you expect to retire on a just-enough-to-get- by income, you may end up watching your lifestyle shrink along with the value of your money.
- 3. Social Security...and how there always seems to be someone talking about the need to cut benefits or telling you the system is on the verge of collapse. In my opinion, it really isn't. However, do you want to leave your financial security in the hands of politicians, who may treat your future like a political football? Plus, keep in mind that the average estimated monthly benefit (2007) for a retiree is just \$1,044 per month.
- 4. Your pension... and how it may not add up to all you thought it would. Even your projected benefits (ask your employer for the numbers) could be less than you will actually receive if you retire early or take a joint-and-survivor (rather than a single-life) benefit. Add to this the recognition that both public and private employers are backing away from "quaranteed" benefits.
- 5. Your life expectancy...and how you may need an income for 20, 30 or even 40 years after you retire, as life expectancies continue to rise. Retirement planning was not really much of a problem for our grandparents, since life expectan-

cies were lower, so retirement was shorter. Today, you need to think of retirement as a long vacation, one that could last for decades. The catch: You need to have the money to pay for it lined up in advance. What will you do if you live to 85, but your retirement funds run out at age 80?

- 6. The cost of maintaining your standard of living in retirement...and how you may want to do something besides sit on the front porch for 20 years or so and watch the world go by. Some people make the mistake of wondering how little they will need to get along in retirement; a better way is to figure how much you will need. Retirement has become a time of activity and new beginnings. It takes money to live comfortably. So, whether your preference is for golf, sports car rallies or just being able to spoil the grandkids a bit, make sure you have the money available to
- 7. Your family...and why you really don't want to ask them to help support you in your old age. Imagine working a lifetime only to end up depending on your children for support. It's not fair to you and it's not fair to them.
- 8. Your family...and how you may want to leave them something besides bills as their inheritance after you're gone.
- 9. Your spouse...and how he or she may also want to enjoy those golden years without worrying about how to pay the bills each month.
- 10. Your spouse...and how he or she may appreciate having a a decent standard of living after you're gone. If you predecease your spouse, you don't want to leave your partner destitute.

"2007 Social Security Changes," Social Security Administration (October 2006). "Greenspan Warns of Budget Deficit Impacts," The Associated Press (November 3, 2005).

Recommendation: Take the time now to start planning for a financially secure retirement. It takes a strategy and a bit of self-discipline. However, the alternatives to planning can be even more painful.

As your Financial Network Investment Adviser Representative, I can help. That's what I do. Contact my office today for information about the options and opportunities that can help you achieve your retirement planning objectives. There's no obligation.

### Stocks, Bonds **Mutual Funds**

Neill can assist you with investing for:

- Retirement
   College Education
- Estate Distribution Sudden Windfall
- 403 (b) or Teacher's Annuities

Did you know these investments are available at the Hermantown Federal Credit Union through Financial Network® Investment Corporation?



Neill Atkins, Financial Advisor and Registered Principal with Financial Network® Investment Corporation with over 25 years of experience, has one purpose in mind - to help people like you toward achieving their financial goals. Neill will help you implement a plan that best fits your needs!

Questions about our products or to schedule an appointment Duluth 727-4767 • Hermantown 740-2284

Securities and advisory services are offered through Financial Network® Investment Corporation, member SIPC. Hermantown Federal Credit Union is not affiliated with Financial Network®. Mutual funds, annuities, and other investments available through Financial Network® Investment Corporation are NOT deposits.

Investments are: Not NCUA/NCUSIF Insured. Not a deposit. No Credit Union Guarantee. Investments may loose value. Not Insured by any Federal Government Agency.

Returns on such investments may fluctuate and investments are subject to risks including the possible loss of principal. Financial Network® Investment Corporation and Hermantown Federal Credit Union are separate companies.

#### 4477 LaVaque Road Hermantown, MN 55811 • 218.740.2284

Securities and advisory investment services are offered through Financial Network Investment Corporation, member SIPC.

© Copyright 2007 Custom Communications

"Making Your Money Last Forever," The Actuarial Foundation, 2003. 2 "Life Expectancy at Birth," National Center for Health Statistics, 2006.

3 Lifetime Income: "The New Retirement Challenge," Matthew Greenwald & Associates, 2006.

4 "2007 Social Security Changes," Social Security Administration, October 2006. 5 Matthew Greenwald & Associates, 2006



HERMANTOWN OFFICE DULUTH BRANCH

4477 LaVaque Road 2516 London Road Hermantown, MN 55811 Duluth MN 55812 218-729-7733

218-729-7733

888-765-3683

hermantownfcu.org

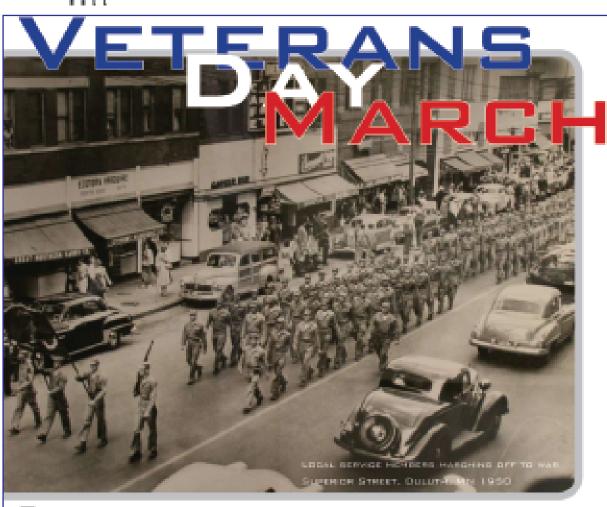
You want a lot from life. You have goals, you have dreams, and you have plans. Your Credit Union can help you make good financial decisions, decisions that will put you on the road toward the place you want to be.

Check out HFCU today!





# VETERANS' MEMORIALHALL



TUESDAY November 11th, 2008

MARCH BEGINS 9:30 AM HISTORIC BULUTH ARMORY LONDON RD. AND 13TH AVE E.

MARCH ENDS 10:30 AM

ST. LOUIS COUNTY HERITAGE & ARTS CENTER (DEPOT)

CITY OF DULUTH VETERANS DAY CEREMONY 11:00 AM AT THE DEPOT



FOR THOSE WITH LIMITED MODILITY WE WILL HAVE ROSS AVAILABLE FOR YOU IN THE MARCH.

THERE WILL BE RIDER BACK TO THE ASHORY AFTER THE CITY OF DULUTH VETERANS DAY DESEMBLY

Тина вубит вирцент то той ву

MORTHLAND VETERAND BERNICE COMMITTEE





CONTACT - DURWIN M. KEENEY - 218-722-8763 DMKEENEY@MAC-V.ORD

United States Steel Foundation Donates

\$7,000

#### to Veterans' History Exhibit

Duluth – Veterans' Memorial Hall, a program of the St. Louis County Historical Society, is happy to announce a \$7,000 grant from the US Steel Foundation towards the Generations of Service project.

This feature exhibit will present the stories of generations of northeastern Minnesota veterans, their families and communities, starting with the Civil War and including the current Global War on Terror. This grant will fund the fabrication of the home front theme section of the exhibit, focusing on the Minnesota Iron Range mines that produced over two-thirds of the iron ore used during World War II.

The gift was presented by US Steel's Minnesota Ore Operations General Manager Scott Coleman to the Society's Vice President Dan Sershon, Veterans' Memorial Hall Advisory Committee Chair Dennis Hughes and Society past President Robert S. Mars Jr.

Veterans' Memorial Hall was established in 1909 and serves to collect, preserve, and present the stories of veterans through educational programs. The new Generations of Service exhibit is scheduled to open in the summer of 2009 at the St. Louis County Heritage and Arts Center (the Depot) in Duluth.

For more information Contact:
Daniel Hartman - Program Director
Veterans' Memorial Hall

dhartman@vets-hall.org 218-733-7500



(Left to right) Robert S. Mars, Jr., past President of St. Louis County Historical Society; Dan Sershon, Vice President of St. Louis County Historical Society; Scott Coleman, General Manager of US Steel's Minnesota Ore Operations; Dennis Hughes, Chair of Veterans' Memorial Hall Advisory Committee. Veterans' Memorial Hall is a program of the St. Louis County Historical Society.

#### Durbin M. Keeney Regional Director - MACV-Duluth

#### Minnesota Assistance Council for Veterans, Duluth

# Stand Down's 1 & 17 in the books for 2008

Minnesota Assistance Council for Veterans (MACV) just completed two successful Stand Down events. What is a Stand Down? A Stand Down is a military term when troops were pulled off the front lines for R&R (rest and recovery), usually for a period of anywhere from one to three days. The veterans stand down concept originated with two Vietnam veterans, Robert Van Keuren and Dr. Jon Nachison from San Diego.

They were back from the war and attending college where saw many of those they served with in Vietnam on the streets and homeless. Looking into this, they found reasons why this had happened. They found veterans of the war were experiencing many of the issues of all homeless people. These were disenfranchised veterans that were even shunned by family, friends, community, and the country that they had served.

Van Keuren and Nachison believed that, as in battle leaving a wounded soldier on the battlefield was unthinkable, it was equally as wrong to leave veterans on the streets wounded by the battle of life. Since the first Stand Down in San Diego in 1988, the program has become recognized as the most valuable outreach tool to help homeless veterans in the nation today.

Thus, twenty years ago the Stand Down movement began to reach out to these veterans who had survived the war and were now engaged in fighting the battle of their lives. The first Stand Down was in San Diego held as a community event, and through the promotion first of Vietnam Veterans of America and later by the National Coalition for Homeless Veterans, the VA got on board. The movement spread throughout the country.

The first Stand Down in Minnesota was in Minneapolis and organized by MACV. Then it came to Duluth seventeen years ago eventually followed by St. Cloud, Mankato, and now, this year, to International Falls.

The purpose of Stand Down has always been to focus on homeless veterans, but as the need has grown so has the scope to reach out to all veterans, deployed family members, and returnees. Medical providers, the VA (both state and local), legal services, barbers, housing representatives, other governmental agencies, and many other providers are there to serve veterans.

MACV-Duluth's regional office recently assisted in two of these events. The International Falls event was held on August 21st and had more than seventy attendees, and Duluth's the next day served over 150 veterans.

It should be noted that Stand Downs are a model to the Community Connect events that are so popular today. The best way to sum up what a Stand Down means to those who attend was said by an old WWII veteran one year; "this is like a shopping center for veterans."

Next year MACV is exploring the possibility of additional Stand Downs to other cities such as Bemidji or Brainerd.

#### Black Dog's generously has made a difference in the lives of those we serve!

his month, like every month, is so busy for our staff at MACV-Duluth. We worked with 43 new veterans in August, which means that we are close to doubling the number of veterans that we worked with in 2007. This is a good news and bad news thing. The good news is that MACV can do so, and the bad news is that there is such a great need for our veterans.

We are seeing everything from potential foreclosures, rental evictions, to utility disconnections. There are many more returnees and so many have medical issues causing great financial stress. We are, like many other organizations, concerned with the dollars that we have statewide. Will there be enough to meet the needs that we know that we will be faced with as we go into winter?

Recently I attended a meeting of the heating committee of the City of Duluth. The Mayor called the meeting to address this critical issue. The consensus of those at the meeting was not good. There were people still so far behind from last year that they may be cut off before the heating season begins. Traditional providers like AEOA, St. Louis County, Salvation Army, and MACV all had the same story. It is going to be a tough year. If you want to help you can either donate to the Salvation Army's "Heat Share" program to help the community, or if you are interested in focusing on veterans you can donate to MACV.

The Stand Downs in August, with our first one in International Falls and our 17th in Duluth, were a great success. Together we had over 225 veterans served. These events reach out to all veterans and if you have never attended one please come next year. We had a couple of veterans come in this year to just see what it was all about and found out that they were entitled to benefits that they had

never known they could receive. MACV wants to thank all those who made these events so successful for our veterans community.

MACV is getting a lot of questions as to where we are with the building project. We now have a name for the project - Duluth Veterans Place. Our development team, headed by Jeff Corey of the Duluth Land Trust, is moving forward on many fronts. The detail



Cory and Cari Gibson

building plans with detail cost estimates are being put together, zoning issues are being addressed, and funds are being secured.

We could be within striking distance to meet our goal of letting contracts in January 2009 with construction beginning in spring, and be ready to move in at this time next year. In order to do this we need to raise over \$144,500 locally by January 1, 2009. To date we have raised over \$22,500. That means we have a lot to do.

We are approaching local funders, and just about anyone we can, to raise those funds. We need your

help. If you, your business, civic, or community organization would like us to come and present to your group, we will. If you are looking for a tax deduction at the end of this year, we need you. If you just want to help, please, this is the time to step up to the plate. Let's get this built for our veterans. Ever heard of Black Dog Bar and Grill of Crosby,

Minnesota? These wonderful people who live just

north on Route 6 from Crosby have adopted MACV-Duluth and for the last two years have bought Christmas presents for all our families in our programs and all the veterans at Silver Bay Veterans Home. Not only have they done that, they have provided over 120 veterans survivor backpacks for homeless veterans. They also volunteered at the Stand Down in Duluth.

The National Coalition for Homeless Veterans (NCHV) recognized this selfless work for homeless veterans at their national conference this summer. We were privileged to receive this award on their behalf. This last month we took the staff and, along with some local CVSO's and the local newspaper, presented them with two plaques, one from NCHV and the other from MACV. We want to recognize Cory and Cari Gibson and thank them on

behalf of all those who have benefited from their generosity. Thank you.

Finally, we want to thank Arvid Nelson who moved to Carson City, Nevada after the Duluth Stand Down. Arvid was with us first as a client, then as a Senior Aide, and then as a volunteer. He was so much a part of the fabric of our success that we all miss the "Old Marine." He has left a hole in our lives, as he did so much for MACV, the Kiwanis, Salvation Army, and many others. We wish him well, but we are hoping that he gets bored and returns to us one day soon.

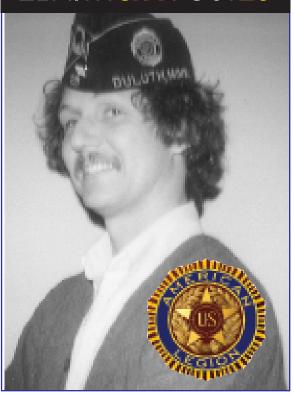
# MACV**DULUTH**

#### Welcome Home Vietnam Veterans Day

Save the date for the Welcome Home Vietnam Veterans event June 13, 2009, on the State Capitol grounds. Events will include the Vietnam Memorial Traveling Wall, a parade of colors, KIA roll-call, flyover, meeting opportunities with units and platoons and more. Stay tuned for more information! I will be the contact for this project.

Thanks,
Durbin M. Keeney
MACV Regional Director
MACV-Duluth

# DAVID**WISTED**ZENITH**CITY**POST**28**



### WHO IS THIS UP-STANDING LEGIONNAIRE?

Please let me know about any members who are having medical problems or anything that is newsworthy and I will mention it in the newsletter.

You can contact me, Tyler Witzke, at 525-3591

#### ELECTED OFFICERS 2007 - 2008 SERVICE OFFICER

COMMANDER
Tyler Witzke
525-3591
VICE-COMMANDER
Joseph Behl
722-7692
ADJUTANT (APPOINTED)
John H. Witzke
525-3591
CHAPLAIN
Anthony L. Ohlin
525-6745
HISTORIAN
Neill A. Atkins

Dwight "Deac" Nelson
624-4362
SERGEANT AT ARMS
Warren L. High
722-9409
FINANCE OFFICER
Dwight "Deac" Nelson
624-4362
EXECUTIVE COMMITTEE: (Three
Positions)
Robert J. Woods Jr.
(1 years)
626-1922

# VETERANS OF FOREIGN WARSPOST6320

Post Meetings 2nd Thursday of the month are held at VFW Post 137 2024 West Superior Street at 1900 (7 PM)

The following is a small part of the speech given by County Commissioner Bill Kron at the Commemorative Tree Planting Ceremony at the new Public Safety Building in memory of 9/11.

On Veteran's Day, 1997, I was in my yard raking leaves. I try to get that job done before the snow flies. As I was raking, I began to think of fellow veterans, classmates and friends who didn't make it home alive from their tour of duty. Suddenly some words came to my mind...I ran into the house and began to write them down. The words became a poem and I would like to share it with you. As we move toward the November elections and Veteran's Day, let us pray for our troops and our nation.

#### Fallen Leaves

On Veterans Day, I rake the leaves... So many now have fallen, A simple chore I've done before When I hear winter calling. No glory in this stopping down And scooping piles of wilted brown From autumn's faded grass and winter's chilling ground? No honor in this humble task?... shhh, The neighbors may be watching. . . "Good for him" some say. Other say, "forget it, just let them blow away." But no one sees my little yard has now become a shrine, My grubby clothes a uniform, the leaves are friends of mine. My rake a flag I proudly wave, And the grass beneath my spit shine shoes is now a sacred grave. The beads of sweat are really tears. . . My God it seems so many years. . . What a blessing to just be raking here. Thank you Lord for the fallen ones, For those who've paid the debt. Thank you Lord for the fallen leaves,

Bill Kron, St. Louis County Commissioner
Veteran's Day, November 11, 1997
Dedicated to the St. Louis County Veterans'
Memorial Hall
And to those who have paid the ultimate price for our country- "Fallen Leaves"

Lest I should ever forget.

#### FOR SALE

#### BUILDING AND 2 LOTS



19 FT. SOLID OAK BAR



Salvaged from the Spalding Hotel when it was demolished for the renewal of the downtown. We will take offers up to September 30. You have the responsibility of removing and transporting it.

#### FOR INFORMATION CALL:

Ralph Talerico, Quartermaster 724-3845 or Dwight Nelson, Commander 624-4362



# COAST**GUARD**AUXILIARY

FLOTILLA 8-4

#### **COAST GUARD AUXILIARY FLOTILLA 8-4**

Has Been Protecting Lake Superior Boaters Since 1971



hey saved hundreds of sailors from U-boat attack in World War Two. In the 60's, they patroled the American coast to fill in for Coast Guardsmen sent to Vietnam.

In the 80's and 90's, they saved hundreds of civilians from Midwest floods. On September 11, 2001, they ferried thousands of people to safety from the terror attacks on Manhattan. "They" are the members of the U.S. Coast Guard Auxiliary; the unarmed and unpaid volunteers of the Coast Guard family.

The Twin Ports Auxiliary Flotilla was chartered in 1971 but its roots go back to 1939. Always asked to "do more with less", the Coast Guard turned in 1939 to volunteers to donate their time and boats to help keep American waters safe.



Auxiliarist Raymone Kral stands watch while maintaining a security perimeter around Duluth's 2008 Independence Day fireworks launch zone.

Membership in the Auxiliary is open to anyone over age 17 with a clean criminal background. There is no upper age limit so there are several Auxiliarists in their 90's around the country! There is also no pay, but there is also no leaving town for basic training and specialty training is done right here in the Twin Ports.

To become an Auxiliarist, a recruit is fingerprinted and given a background check. That's followed by a written entrance exam. That is followed by a basic seamanship course done locally. When that's accomplished, a new Coast Guard Auxiliarist can explore specialties ranging from vessel examination to search and rescue.

Over half of the members of the Twin Ports Flotilla are veterans of other services looking for a way to continue serving America. Those vets range from a Korean era F-86 pilot to an Army infantryman fresh back from Iraq. Since the Coast Guard Auxiliary is an unpaid volunteer organization administered by the Department of Homeland Security, people currently serving in Department of Defense services are allowed to join and serve simultaneously.

Flotilla Commander Dave Anderson and Vice Flotilla Commander Craig Lewis invite all veterans reading "Cadence" to consider volunteer work with the U.S. Coast Guard Auxiliary. Information on "America's Volunteer Lifesavers" can be found at www.cgaux.org

#### OEF/OIF

#### Program

offers transition assistance, case management and out-reach services to all veterans who have served in combat since November 11, 1998 in their transition to civilian life.

1.va.gov/minneapolis/oifoef/oifo\_welcome.html

Local contact is

Jeff M. Hall, MSW, LCSW,

715-392-9711 jeff.hall@va.gov

Duluth Senior Expo will provide a day of fun, information & education for regional seniors

DULUTH, Minnesota — Seniors, family members, service providers and caregivers from throughout the region will converge on the Duluth Entertainment and Convention Center on Thursday October 16 for the 6th Annual Duluth Senior Expo presented by HUMANA.

Over 100 exhibitors showing products and services of interest to seniors will be presented at the expo which will also feature a birthday celebration and recognition ceremony for area 100 year olds presented by the City of Duluth's Senior Programs, free health screening services including hearing tests, blood pressure tests, glucose, and more. There will be over a dozen seminars presented on a wide variety of topics ranging from health care, legal issues, alzheimers and much more! Live entertainment will be provided by the Chmielewski Funtime Band, Randy Lee Trio and the Silver Sneakers! Flu shots will also be available (there will be a charge for this service-attendees are encouraged to bring their insurance cards).

Each person attending will receive a complimentary copy of the Northland Senior Resource Guide. This full color magazine is filled with resource information for seniors around the region and will be an invaluable resource for seniors that can be utilized year round. The guide also includes a program for expo activities!

Admission to the Duluth Senior Expo is \$6 HOW-EVER free tickets are available through participating sponsors and exhibitors including HUMANA, Interim Healthcare, the City of Duluth Senior Programs, the Arrowhead Area Agency on Aging or by calling 218-727-1177 or 888-299-7173. You can also visit www.duluthseniorexpo.com for a complete list of locations where you can get your free tickets. PARK-ING IS FREE AT THE DECC FOR THE DULUTH SENIOR EXPO COURTESY OF HUMANA!

Exhibitor opportunities remain for businesses and organizations that have products and services available for seniors! You can receive information on these opportunities by calling the above phone numbers or visiting the web site.

For more information visit: duluthseniorexpo.com or call 218-727-1177 or 800-299-7173.

T. A. Lundeen - The Lundeen Group 2828 Piedmont Avenue, Suite B Duluth, MN 55811 218-727-1177 - 800-299-7173 218-740-3397 fax www.lundeenproductions.com

# SILVERBAYVETERANSHOME

#### Here in Silver Bay, we are very fortunate...

We are fortunate because we feel that we are giving our veterans and spouses the best possible experience in their time of need. In order for our staff to accomplish this, we excel in four key

#### First and foremost, we provide exceptional health care for our residents...

for our residents. Our nursing staff is highly skilled and motivated. Our staff takes the time to go the extra mile to meet ever-changing needs by staying current with cutting-edge training, by getting to personally know each and every resident, and by treating each resident as an individ-



ual and adapting accordingly. Our social workers facilitate support groups, family council meetings, and resident council meetings to assist our residents and families now that they have entrusted us with their caregiving responsibilities.



#### Secondly, we serve great meals...

Currently, we offer two menu choices for all meals. On holidays, our res-

idents choose the menu for the day - in the past the choice has been prime rib or shrimp - what a choice! As we begin remodeling our facility next year, one of our goals is to offer restaurant-style dining with full-service menus. This will be a shift from a traditional nursing facility to a more homelike atmosphere with many choic-



In addition to our "signature events" such as our Lake Superior fishing trip, our weekly fishing trips to Lax Lake (which

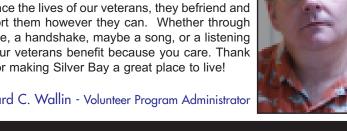


includes our pontoon boat and our deluxe ice fishing house) we have a number of other great programs. One such event is our annual pilgrimage to the Bong Heritage Center in Superior, Wisconsin. This past month not only did we visit the museum, but also we had a great lunch afterward. Another event is our annual Halloween party and costume contest sponsored by the 8th District VFW and Auxiliary.



#### And lastly, we have great volunteers...

We have over forty active local volunteers and another thirty from Duluth and the surrounding areas. We even have groups of volunteers that assist us from the Twin Cities! Volunteers not only enhance the lives of our veterans, they befriend and support them however they can. Whether through a smile, a handshake, maybe a song, or a listening ear, our veterans benefit because you care. Thank you for making Silver Bay a great place to live!



Ward C. Wallin - Volunteer Program Administrator

# DULUTH VETSCENTER

Christopher M. Roemhildt

et centers serve veterans and their families by providing a continuum of quality care that adds value for veterans, families, and communities. Care includes professional readjustment counseling, community education, outreach to special populations, the brokering of services with community agencies, and provides a key access link between the veteran and other services in the U.S. Department of Veteran

Vet centers guide veterans' re-entry into civilian life by providing assistance and counseling in utilizing their veteran's benefits and existing VA medical facilities, and by providing readjustment counseling in an attempt to facilitate a more positive adjustment to their current life-space and environment. The Vet center provides services to all war zone veterans from all eras including:

- Vietnam War: Feb. 28, 1961 to May 7, 1975
- Korean War: June 27, 1950 to Jan. 31, 1955
- World War II: Dec. 7, 1941 to Dec. 31, 1946
- · American Merchant Marines: In ocean-going service during the period of armed conflict: Dec. 7, 1941 to Aug. 15, 1945.
- · Vietnam Era Veterans not in the war zone: Aug. 5, 1964 to May 7, 1975 (Eligible until January 1,
- Lebanon: Aug. 25, 1982 to Feb. 26, 1984
- · Grenada: Oct. 23, 1983 to Nov. 21, 1983
- Panama: Dec. 20, 1989 to Jan. 31, 1990
- Persian Gulf: Aug 2, 1990 –
- Somalia: Sept. 17, 1992 –
- · Operation Joint Endeavor, Joint Guard, Joint Forge: Veterans who participated in one or more of these three successive operations in the former Yugoslavia (Bosnia-Herzegovina and Croatia, aboard U.S. Naval vessels operating in the Adriatic Sea, or air spaces above those areas).
- Sexual Trauma/Harassment Counseling: Veterans of both genders.
- · Global War on Terrorism: Veterans who serve or have served in military expeditions to combat terrorism on or after September 11, 2001 and before a terminal date yet to be established.
- · Bereavement: Parents, spouses and children of Armed Forces personnel who died in the service of their country. Family members of Reservists and National Guardsmen who die while on duty are

If you feel that you could benefit from our services, come to see us. There is no appointment necessary. Should you wish to make an appointment anyway, call 218-722-8654

# NORTHLANDVIETNAM VETERANSMEMORIALFOUNDATION



Thomas Hirsch

fter realizing that this scholarship existed, I knew that I had to talk to my uncle about his experiences in Vietnam and I specifically asked him if he would ever want to go back there. At first he seemed very hesitant about the answer to the question. He thought about it for a while and then explained to me

what he was thinking. Initially he explained to that he wouldn't want to return just for the fact that it would bring back so many of the bad memories that had dealt with while over there. He still remembers the vicious scenes of war, the smell of death, and the sounds of helicopters and artillery. How could he go back to a place where our country had lost so many friends and loved ones? He recalled the time when driving along the road he saw what

he thought, at first, were piles of cord wood from logging but then realized they were actually dead bodies. As he told this to me I could just picture the horror that he must have felt. I had never heard actual war stories before; this was a first for me.

After recollecting his thoughts about this chilling tale, he then told me that if he could, maybe he actually would like to make a trip back to

Vietnam. He came to the realization that although he had been to Vietnam, he had never actually seen it for what it was. All he saw was the hellish war zone that it was back in his time. He couldn't experience the once beautiful Saigon and surrounding areas like Bien Hoa, which were just hostile territory. He also wanted to see how the economy of Vietnam worked without the black market. I didn't really understand this at first but with his explanation I came to realize that this is how many Vietnamese people had to try and make money and

live. He continued to tell me of stories from his time there and finally came back

to the question at hand. He told me that he could go back because he felt like it would be like maybe visiting a cemetery for him. He explained that when you bury a loved one, all you see is the hole where the coffin goes, but as time passes the gravesite becomes more colorful and the tombstone glows to honor those who had died. This is what he pictures Vietnam as. A place whose landscape was destroyed by warfare, but with time could grow into something beautiful. Such a trip could soften some of the harsh memories he has of this place. He told me that he's sure that there would be a time of mourning and sorrow upon his arrival but eventually he could see it for its beauty and he could relive some of the good memories he takes from there, such as his buddies in his outfit. This kind of trip could allow some memories to be erased as well as enabling some to be remembered. He's never forgot those who were lost, or were close to him, and a trip like this could help him honor them

By Thomas Hirsch



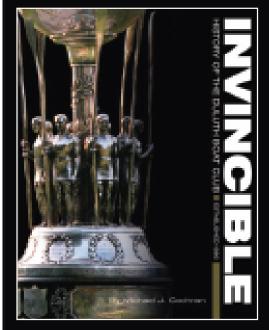
Thomas (TJ) is a 2008 graduate from Marshall High School.

He is the son of Jim and Mary Ann Hirsch. TJ will attend the College of Scholastica to major in Biology and aspires to go on to the medical field. He is sponsored by his uncle, George Starkovich who served in the Army, September 1967 to August 1969.

## 

A Great Publication and Great Way to Advertise your Business!

Call today for more information! 218-213-5544



During the early 20th century, the Duluth Boat Club was the greatest water sport organization in the world and dominated the sport of rowing. Invincible is a stunning limited-edition volume that chronicles the history of the Duluth Boat Club from it's beginning in 1886 with 128-pages of fascinating text and 180 beautiful, historic photographs.

# INVINCIBLE

HISTORY OF THE DULUTH BOAT CLUB

by author Michael J. Cochran

**RESERVE YOUR COPY FOR ONLY \$20.00**, plus sales tax (MN residents only). Available at local bookstores.

For more information, visit our website at www.thehistorypeople.org or call 218-733-7568.





# WEST DULUTH POST, UNIT, and SQUADRON #71

# Sentinel

vol. 27 • no. 10



# GREETINGS POST #71 FAMILY

Fall is here and that's when our Saturday night dinners begin. They are October 11th and 25th. The first Omelet breakfast will be October 19th. I look forward to seeing everyone there.

We have started a "Post #71 Officers Committee". It will be a gathering of past and present officers of the American Legion, American Legion Auxiliary and Sons of the American Legion. Our meetings will be at 6:30 P.M. on the third Thursday of every month before the regular meetings. The meetings will be informal and geared toward finding new ideas for our Post.

I feel this committee is a good start in working toward the goals we would like

to achieve in the upcoming year.

We are continually making improvements to the Post. We hired Hinnenkamp Construction to fix the storm water problem in the back parking lot. We have a new heating and cooling system. By the time you read this there should be new lines painted in the parking lot. The railings on the bar and tables have all new coverings. We have our volunteers to thank for the completion of many of these tasks.

Thanks to all of our American Legion Family members for your continued support. Please keep our active military members, veterans and their families in our thoughts and prayers.

Brian McFarland, Commander

Post News Your Post continues to operate under the stressful economic times. Our members might be interested in the logistics of what it takes to keep the Post home open for you use and pleasure. The dedication and efforts of our volunteers assist in keeping our overhead costs low. However, the daily costs of utilities, insurance and payroll might be of interest.

Hopefully with this information our members will be encouraged to come to more Post events in support. Without your support the Post will fail and no longer be able to provide a haven for our veteran members, guests and friends.

For example, the daily cost of power is \$33.26, Water, gas, sewage and storm water is \$39.53 daily. Liability and Workmen's Compensation insurance costs \$36.68 daily and property taxes cost 36.51 daily. Payroll comes to \$398.70 daily. Your Executive Committee is working hard to increase income and reduce expenses to insure the Post can continue to serve our members in the future.

Have you given thought as to what way you can nelp?

POST #71 Leadership 2008-2009

Brian J. McFarland ......Commander

Did you know your old cell phones that still work but are not on any current plan are still useful? Yes, you can use them to dial 911 if the battery is charged and the phone is still working.

You can donate these unused phones to a worthy cause. The "Secure the Call Foundation" is soliciting phones to redistribute for this purpose to those folks that need this service.

#### YOU CAN CONTACT THEM AT

www.donatemycellphone.org or call 888-883-6628.
They will even provide you a postage paid label
to send the cell phone to
Fort Lauderdale, FL for redistribution.

Keith Bischoff - Editor





Michael Slaviero - Commander, SAL Sqd. 71

#### Auxiliary Unit #71 Leadership

Mary Hendrickson	President
Diane R. Martinek	1VP
Suzanne J. Baker	2VP
Tamara K. Opland	Secretary
Bonita J. McMillan	Treasurer
Barbara K. Slaviero	Sgt at Arms
Jean Moder	Executive Board
Beverly Strongitharm	Executive Board



# UNIT #71 AUXILIARY GREETINGS,

The cooler temperatures and colorful leaves make us aware that the calendar needs to be

turned to October. This also means occasional Saturday night meals and live music return to our Post calendar. I'd like to thank the six crews who have volunteered to make hamburgers and other "fast food" each Friday night. They began their schedule on September 12 and will be serving customers until mid May. The money earned on this venture supports many Auxiliary programs and area charities.

Fall also means its time for our first pasty sale of the 2008-2009 year. Sign-up sheets are located on the bulletin board near the Post main entrance door. The cost is still \$3.00 per pasty. Deadline for sign-up is Monday, October 20. Volunteers will be peeling vegetables on Wednesday, October 22. Pasties will be baked and sold on Thursday, October 23. If at all possible, please pick your order up before 5:00 p.m. on that day. As usual, we greatly appreciate your business.

Besides dinner dances and pasties, October also signals the arrival of the MN Department Fall Conference. This year it will be held at the Mankato Civic Center on October 24-25. Mankato Post and Unit #11 will be our hosts. This is a "school of instruction". Each Department Chairman will share her program for the year and answer any questions. District officers and members do not attend separate caucuses and gatherings at this conference. Housing arrangements must be made directly with the hotel/motel of your choice. Pre-registration is \$12.50 per person until October 9th. After October 9th, the cost per person rises to \$15.00.

I hope you are enjoying the beauty of this fall season. Happy Halloween!

#### Mary Hendrickson Auxiliary Unit President

#### Sons of American Legion Squadron #71 Leadership

Michael A. Slaviero	Commander
Jeffery Baker	1VP
Lawrence Yadlowsky	Adjutant
Lawrence Yadlowsky	Finance Officer
Sgt at Arms	Dennis Lane

Merwin G. Moder .......Adjutant | CADENCE

#### 2009 Membership Information

The American Legion Post #71 membership dues notice for 2009 was sent to all members from National American Legion Headquarters... We have received 608 membership renewals towards our 2009 goal of 1100. We thank you for being an early bird. You get a special Early Bird Stamp on your membership card. Members, please cover your dues ASAP. Members should now consider applying for a Paid Up for Life membership this year since the charge is based on the current 2008 dues of \$30.00 a year. After January 1st 2009, the PUFL will be based on the 2009 dues rate of \$35.00 per year. The savings would be significant.

We hope that you are encouraging newer veterans serving now to come and enjoy the comradery and me bership privileges of our Post. Every member is important to our American Legion Post #71.

We remind each new Post #71 member they are entitled to no cost \$1,000 accident insurance policy. However, they must complete and mail in an application to be eligible.

WE HAD FOUR NEW OR TRANSFERRED MEMBERS JOINING POST #71 IN SEPTEMBER 2008: Sam R. Mida, Michael A. Ferrazzi, Clayton M. Awes, Joshua Revak and Mark A. Laakso.

WE HAD TWO NEW AMERICAN LEGION AUXILIARY UNIT #71 MEMBER JOINING DURING SEPTEMBER 2008: Diane M. Zachor and Lynn M. Plan One new Sons of the American Legion (SAL) member joined in September: John F. Bolender. Welcome to: John F. Bolender. Membership in the SAL is open to sons of veterans. This is an opportunity to participate in the benefits of American Legion membership and support the activities of this fine veteran's support organization. Please welcome all these new members to the American Legion family, Please continue to support our American Legion Post #71. When was the last time you visited your Post? Do it now and share in the benefits. Have you asked a veteran if they belong to a veteran's organization? Why not try the American Legion? Always carry a membership application. They are available at the Post bar. "Remember it isn't the price you pay to be a member, it's the price you paid to become eligible."

Mary Krieger - Membership Secretay

#### Vet's Visits on TV Inc Part of the

National Veterans TV Network, Channel 20. Made possible by Olmstead County Veterans Service Office, Rochester, MN. Airing throughout Minnesota for Duluth and surrounding area. Tune in on Thursdays, 8:30 AM, 2nd Thursday 6:30 PM. Donations to Vets Visits on TV are tax deductible. Vets serving Vets, for God and country. If we don't do it, who will?

# American Legion Post #71 FACILITIES

Our Post home is available for parties, weddings, anniversaries, luncheons and showers. We provide it as an ongoing community service to our members and guests.

Contact our Bar Manager, Susan Johnson or House Committee Chair,

Jerome Svee at 218-628-1495



May they rest in Peace August 2008

Martha B. Caskey Lillian Marshall

#### **Drum & Bugle Corps**

We wish to encourage new members to join our group. The D&B Corps practices are held Wednesdays evenings starting at 7:00 PM. Anyone interested in joining the unit can call Brenda at 628-7292 or leave your name and phone number at the Post. You need not be a member of any veterans organization to participate. All are welcome to join us. You will be contacted.

Brenda Haase, DBC Sec/Treasurer



- WANTED VOLUNTEERS - SUNDAY - BINGO ATTENDANTS
please see... Michelle Olson or Susan Johnson

## 

A Great Publication and Great Way to Advertise your Business!

Call today for more information!

218-213-5544

# American Legion Post #71 MONDAY

Serving 4:30pm to 5:00pm Reservations taken at 3:00pm 628-2181

**NIGHT MEALS** 

700 including tax

# Veterans & Community Donations for August 2008

Silver Bay Veterans Home, Minnesota Assistance Council for Veterans, Stand Down North, St Louis County Sheriff Volunteer Rescue Squad, Denfeld High School Flag holders.

# NORTHWIND DRUM AND BUGLE CORPS CASINO TOURS



#### **FORTUNE BAY CASINO;**

Sunday, October 19, 2008 Cost \$25.00 per person

PACKAGE; Deluxe Motor Coach transportation, \$15.00 in Fortune Bay play, \$5.00 be back & \$1.00 off deli coupon.

DEPART TIME; 9:30 A.M. American Legion-5814 Grand Ave-Duluth



#### HOLE IN THE WALL CASINO;

Sunday November 16, 2008 COST; \$15.00 PER PERSON

PACKAGE; Deluxe motor coach transportation &

receive \$5.00 back at the casino.

DEPART TIME; 9:30 A.M. American Legion-5814

**Grand Ave-Duluth** 

Call Karin Swor for more info or to sign up 218-348-5843

American Legion
Post #71

MONDAY through FRIDAY

noon to 6pm



	CAL	ENDAR OF	<b>EVENTS</b> -	OCTOBER	2008		November 2008
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	CALENDAR OF EVENTS
David Wisted-Ze	nith City		Post #71		Post #71		4VMH Committee Meeting 5:00
American Legion	Post 28		Drum & Bugle		Bingo 6:30pm		V.F.W. 137 Auxiliary 7:00
Disabled Veteran			Corps 7:00pm		Short Order		Election Day
	ım Veterans' Assoc	iation	' '		Food		7
West Duluth An	•				5pm to 7pm		
Post Unit & Squ							8Post #71 Mustangs • Marine Corps Birthday party VFW
Veterans of Forei	gn War Post 137 gn War Post 6320				Karaoke at V.F.W. 137 with		Post 3979 Cloquet
Veterans' Memor	•				Uncle Rico at	,	
veleraris Trieffici	rai i ian		1	2	8:00pm 3	4	·
Post #71	Post #71	Post #71 Bingo 6:30pm	Post #71	Post #71	Post #71	Post #71	11Post #71 Finance Committee Meeting  • Armistice Day (Veterans Day) end of WWII 1918
Bar Open	Turkey	Short Order Food	Drum	House Committee	Bingo 6:30pm Short Order Food	Dinner 5:30 -	• Veteran's Day March 9:30
1pm to 7pm	and Dressing	5pm to 7pm Finance Committee	& Bugle Corps	6:30pm	5pm to 7pm	7:30 pm	• Veteran's Day Ceremony 11:00
	Dinner	4:14pm	7:00pm	Exucutive Board	Fundraiser Benefit	Dance 7 - 11 pm Rock Garden	12V.F.W. Post 137 Post Meeting 7:00
Bar Bingo 2pm	4:30pm	Auxiliary Board 4:30pm	V.F.W. Post 137	7:30pm	Stsnd-Up Comics 9:00pm	Rock Garden	13Post #71House Committee 6:30 pm
		V.F.W. 137 Auxiliary	Post Meeting 7:00	V.F.W. 6320 Post	Karaoke at V.F.W.		• Exucutive Board 7:30 pm
		7:00	7.00	Meeting 7:00	137 with THE DEA-		• V.F.W. 6320 Post Meeting 7:00
		VMHI Committee		(at Post 137)	CON at 8:00pm		(at Post 137
		Meeting 5:00			Annapolis Naval Military Academy		14Karaoke V.F.W. 137 with The Deacon 8:00
5	6	War on Terror Began 2001 <b>7</b>	8	9	Established 1845 10	11	16Post #71Omelette Breakfast
3							18Todd's Birthday 1977
Post #71	Post #71	Post #71	Post #71	Post #71	Post #71 Bingo		
Bar Open	Pork Chop	Bingo 6:30pm	Drum	Meeting	6:30pm Short Order Food		
1pm to 7pm	Dinner 4:30pm	Short Order	& Bugle Corps	7:30pm SAL & Auxiliary			20Post #71Auxiliary Birthday Dinner • Post 28 Meeting 6:00
Bar Bingo 2pm		Food 5pm to	7:00pm	7:30pm	3-7 pm		ĭ
bar bingo zpin	U.S. Navy Established 1775	7pm	D.A.V. Meeting	7.000	Karaoke at		21Karaoke V.F.W. 137 with Uncle Rico 8:00
Columbus Day			6:30pm	Senior Expo	V.F.W. 137 with UNCLE RICO		22Post #71Mustangs
					at 8:00pm		24N.V.V.A. Meeting 6:00
							28Karaoke V.F.W. 137 with The Deacon 8:00
12	13	14	15	16	17	18	Wast Duluth American Logian
12		11	13	10	17		West Duluth American Legion  EVERY SUNDAY
Post #71	Post #71	Post #71	Post #71	Post #71	Post #71	Post #71 Dinner	Bar open 1 to 7 pm
Omelette	Carved ham	Bingo 6:30pm	Drum & Bugle	Pastie SALE!	Bingo 6:30pm	and	EVERY WEDNESDAY
Breakfast 8AM	Dinner		Corps 7:00pm		Short Order	Dance	Drum and Bugle Corps Practice 7:00
to noon	4:30pm	Short Order	5		Food 5-7pm	Mustangs	EVERY TUESDAY Short order Foods 5:00 - 7:00
Par Onan		Food 5pm to	Pastie Vegetable Peel		Karaoke at		SECOND TUESDAY
Bar Open 1 pm to 7 pm		7pm	vegelable reel		V.F.W. 137 with		Finance Committee 4:15
. р.н. ю 7 р.н.					THE DEACON at 8:00pm		SECOND THURSDAY House Committee Meeting 6:30
Bar Bingo 2pm					·		Executive Board Meeting 7:30
					United Nations Day		THIRD THURSDAY
19	20	21	22	23	24	25	Post Meeting 7:30 • West Duluth Auxiliary 71 SECOND TUESDAY
Post #71	Post #71	Post #71			Post #71		Auxiliary Board Meeting 4:30
Bar Open	Chicken Keive	Bingo 6:30pm			Bingo 6:30pm		THIRD THURSDAY
1pm to 7pm	Dinner	Short Order			Short Order		Auxiliary Meeting 7:30 • West Duluth S.A.L. 71
	4:30pm	Food 5pm to			Food 5-7pm		THIRD THURSDAY S.A.L. Meeting 7:30 • West Duluth Club Events
Bar Bingo 2pm		7pm			Karaoke at		EVERY SUNDAY
					V.F.W. 137 with		Bar Open 1:00 - 7:00 • Bar Bingo 2:00
	N.V.V.A. Meeting 6:00				UNCLE RICO or		EVERY MONDAY
	Fourth Monday				THE DEACON		Dinner 4:30  EVERY TUESDAY
	Navy Day				at 8:00pm		Bingo 6:30
0.0							EVERY FRIDAY
26	27	28	29	30	31		Short Order Food 5:00 - 7:00 • Bingo 6:30
16							

# ST.LOUISCOUNTY VETERANSSERVICEOFFICE

By Rich Dumancas - St. Louis County Veterans Service Officer - (218) 725-5285

If you read last month's article about compensation and you don't have a service-connected disability there are other benefits that you may be eligible to receive.

Another available benefit is the VA non-service connected pension. This is a benefit paid to wartime veterans who have limited or no income and who are 65 years of age or older, or, if under 65, who are permanently and totally disabled. Veterans who are more seriously disabled may qualify for Aid and Attendance or Housebound benefits. These are benefits that are paid in addition to the basic pension rate.

#### Are you eligible? Generally, you may be eligible if:

- You were discharged from service under conditions other than dishonorable
- You served at least 90 days of active military service (one day of this service must have been during a wartime period;
- If you entered active duty after September 7, 1980, generally you must have served at least 24 months or the full period for which called or ordered to active duty (there are exceptions to this rule),
- Your countable family income is below a yearly limit set by law, which is figured beginning December 1st
- You are age 65 or older or, you are permanently and totally disabled, not due to your own willful misconduct.

As you can see, there are a number of measures that may affect your eligibility for pension benefits. If you are unsure if you meet all the required measures, I encourage you to come see us and let us help you file an application, particularly if your countable income appears to be near the maximum. We'll fill out the application with you and let the VA Regional Office (VARO) determine if you are eligible.

The St. Louis County Veterans Service Offices can help you start the application but you'll have to disclose your countable income. Countable income includes income received by the veteran and their dependents, if any. All income needs to be reported to ensure that an overpayment does not come about. Trust me; the VA will get their money back!

Countable income includes earnings, disability and retirement payments, interest and dividends, and net income from farming or business. There is a presumption that all of a child's income is available to or for the veteran. So, yes, that has to be reported also but the VA may grant an exception in hardship cases. There are exclusions such as public assistance such as Supplemental Security Income is not considered income. The VARO will exclude any income that the law allows.

You also have to disclose your net worth, meaning the net value of the assets of the veteran and their dependents. It includes such assets as bank accounts, stocks, bonds, mutual funds and any property other than the veteran's residence and a reasonable lot area. There is no set limit on how much net worth a veteran and his dependents can have, but net worth cannot be excessive.

The decision as to whether a claimant's net worth is excessive depends on the facts of each individual case. All net worth should be reported and the VARO will determine if a claimant's assets are sufficiently large enough that the claimant could live off these assets for a reasonable period of time.

A portion of unreimbursed (out-of-pocket) medical expenses paid by the claimant may be used to reduce the countable income. These are expenses you paid for medical services or products for which you will not be reimbursed by Medicare or private medical insurance. Certain other expenses, such as a veteran's education expenses, and in some cases, a portion of the educational expenses of a child over 18 are deductible can be reported as well.

Annual pension is calculated by first totaling all your countable income. Then any qualifying deductions are subtracted from that total. The remaining countable income is deducted from the appropriate annual pension limit (the yearly limit on income set by Congress) which is determined by the number of your dependents, if any, and whether or not you are entitled to housebound or aid and attendance benefits. This amount is then divided by 12 and rounded down to the nearest dollar. This gives you the amount of your monthly payment.

Now you're asking yourself, "What are Aid and Attendance and Housebound benefits?" Aid and Attendance (A&A) is a benefit paid in addition to monthly pension. This benefit may not be paid without eligibility to pension. A veteran may be eligible for A&A when:

The veteran requires the aid of another person in order to perform personal functions required in everyday living, such as bathing, feeding, dressing, attending to the wants of nature, adjusting prosthetic devices, or protecting himself/herself from the hazards of his/her daily environment

OR,

 The veteran is bedridden, in that his/her disability or disabilities requires that he/she remain in bed apart from any prescribed course of convalescence or treatment.

- The veteran is a patient in a nursing home due to mental or physical incapacity,
- The veteran is blind, or so nearly blind as to have corrected visual acuity of 5/200 or less, in both eyes, or concentric contraction of the visual field to 5 degrees or less.

Housebound is paid in addition to monthly pension. Like A&A, Housebound benefits may not be paid without eligibility to pension. A veteran may be eligible for Housebound benefits when:

- The veteran has a single permanent disability evaluated at 100-percent disabling
- AND, due to such disability, he/she is permanently and substantially confined to his/her immediate premises
- · The veteran has a single permanent disability evaluated as 100-percent disabling
- AND, another disability, or disabilities, evaluated as 60 percent or more disabling.
   A veteran cannot receive both Aid and Attendance and Housebound benefits at the same time.

If you believe that you qualify for the VA non-service connected pension you should include copies of any evidence, preferably a report from an attending physician validating the need for Aid and Attendance or Housebound type care. The report should be in sufficient detail to determine whether there is disease or injury producing physical or mental impairment, loss of coordination, or conditions affecting the ability to dress and undress, to feed oneself, to attend to sanitary needs, and to keep oneself ordinarily clean and presentable. In addition, it is necessary to determine whether the claimant is confined to the home or immediate premises.

Whether the claim is for Aid and Attendance or Housebound, the report should indicate how well the individual gets around, where the individual goes, and what he or she is able to do during a typical day.

If you are already receiving monthly payments for a service-connected disability you cannot receive a VA non-service connected pension and service-connected compensation at the same time. However, if you apply for pension and are awarded payments, the VARO will pay you the benefit of greater amount.

St. Louis County's Duluth office - Amendola Building, Suite 130
405 East Superior Street
We also have offices in Ely, Hibbing and Virginia.
Stop by or call us at 218-725-5285 to make an appointment



# Betty's Pies offers world famous quality hand-made pies from Two Harbors, MN

Our flavors include: Apple, Strawberry, Cherry, Pecan, Blueberry, and More!



Summer Hours: 7am - 9pm 1633 Highway 61 • Two Harbors, MN 55616

(218) 834-3367 (877) 269-7494

bettyspies.com

# **DULUTHCOMPOSITESQUADRON**

#### Auxiliary of the United States Air Force

1925 Waverly Avenue • Duluth, MN 55803-5803

n August 16 -17 members of the Duluth Composite Squadron participated in the MN Wing Group I Search and Rescue Exercise conducted at the Thief River Falls Airport. Lieutenant Colonel Keith M. Bischoff, Majors Edwin Culbert and Kendall Wallace and Lieutenant Pat Lawler participated in aircrew activities including conducting photos in critical infrastructures, locating ELT signals and accomplishing route and grid searches. Lt. Lawler was certified as a CAP Mission Pilot during the exercise.

On August 16th the USAF Rescue Coordination Center, (AFRCC) Tyndall AFB detected an ELT signal coming from the Cook, MN area. The MN Wing Incident Commander called upon the Duluth Composite Squadron for an Air Search Team to search that area. No aircraft were reporting missing during this time.

My vote honors

Sponsored by the

Minnesota

Captain Mark Johnston, pilot, Lieutenant Colonel Keith Bischoff and Lieutenant Christina Dalbec, Observers, formed the aircrew launching a CAP Cessna 182 out of Duluth International Airport at about 1900 hours. During the air search an ELT signal was detected on Lake Vermilion about 15 miles northeast of the Cook Airport. The crew landed at Cook Airport and with the assistance of St. Louis County Sheriff's deputies, conducted a ground search in the Lake Vermillion area. They were able to locate the signal in a safe and secure Aeronca Champ and silenced the ELT.

On August 19-20, three senior and 19 cadet members of the Duluth and Grand Rapids Composite Squadrons, Civil Air Patrol participated in a Day Camp in the Duluth-Superior area. The unit project officer, Major Edwin Culbert, coordinated the three day event.

The group toured the 148th Fighter Wing, Minnesota Air National Guard including Operation areas with F-16 personal equipment, G-suits and parachutes; the maintenance hangar and the Explosive Ordinance Disposal (EOD) demonstration area. They toured the Duluth National Weather Service Radar Station and were briefed on weather forecasting, the Emergency weather broadcasting program for Hurricane Fay, and broadcasting programs for tornadoes.

They toured the Duluth US Coast Guard facility, receiving a briefing on their mission. The group was treated to a wild ride on the 75' rescue boat in 10-12 foot waves. Other cadets were given an opportunity and challenge at the UWS rope and confidence course. Lieutenant Nannette Berg was the senior from Grand Rapids hosting the 10 Grand Rapids cadets who took part.

#### "VOTE IN HONOR OF A VETERAN" BUTTONS

A Personal Tribute to Veterans - Our newest initiative for honoring veterans is to give Minnesotans the opportunity to write a tribute to the veteran they intend to honor with their vote this November. We will post all of the tributes on our Website.

> If you know of individuals who would like to honor a veteran with a personal tribute, please encourage them to use the following Web link to submit their tribute: www.sos.state.mn.us/survey/user survey.asp?nSurvey=142

To view tributes that have already been submitted, please go to the following link:

www.sos.state.mn.us/home/index.asp?page=960

Last May, we began the "Vote in Honor of a Veteran" initiative by giving away buttons that had the "Vote in Honor of a Veteran" slogan on them.

The button can be personalized by writing the name of the veteran you intend to honor on the button. You can order individual buttons by going to the following Website:

www.four51.com/UI/Customer.aspx?autologonid=b2405fa6-7c2d-46ad-ad42-18c30654f2bd

Office of the Secretary of State If you would like larger quantities of buttons to give away, please send me an email with your name and address. We will ship quantities of up to 100 buttons to organizations or individuals who are committed to distributing them to individuals who are willing to wear them.

I would greatly appreciate it if you would forward this e-mail to everyone you know who may want a button and/or would like to submit a personal tribute honoring a veteran. My best regards. Sincerely, Jim Gelbmann - Deputy Secretary of State

#### COMMUNIT

With children back in school, cold and flu season is on many peoples' minds. And for many, a doctor's office visit is not an option because they don't have insurance.

Access to health coverage significantly affects children's health, which in turn affects their ability to participate in and learn in school. In fact, children without health insurance are 25 percent more likely to be absent from school.

Though coverage is available for many of the region's uninsured, the northeast region of Minnesota has the highest percentage of uninsured children in the state.

The Health Care Access Office, a program of the Lake Superior Community Health Center, helps people determine if they are eligible for health care and financial assistance programs and guides them through the application process.

#### The Health Care Access Office

4325 Grand Avenue in Duluth 218-722-9650 for more information



**Veteran County** Commissioner

"You can take the Veteran out of the fight, but you can't take the fight out of the Veteran.

Help me keep fighting for our Veteran's Service Office, Veterans benefits (\$47,326,983 in 2007) and support for our home coming troops."

"This is a paid political ad and does not necessarily express the views of this paper, it's owner, it's staff, or any of the contributing organizations or persons about any candidate or political position; and should not be considered as an endorsement."



# VETERANS **OF** FOREIGN

# WARSPOST137

# VOICE OF DEMOCRACY PROGRAM

his program has been the VFW's premier scholarship program since 1947. The program is open to students in grades 9-12, who are enrolled in a public, private or parochial high school or home study program in the United States, its territories and possessions; or in an overseas U.S. military/civilian dependent school. Foreign exchange students, students age 20 or over and previous Voice of Democracy first place state winners are ineligible.

Students compete by writing and recording a 3 – 5 minute broadcast script on an annual patriotic theme. This year's theme is Service and

Sacrifice by America's Veterans Benefit Today's Youth by...

Prizes and scholarships are awarded at the local, district, state and national level. The top scholarship is \$30,000. All entries competing at the Post level must be in the hands of that VFW Post by midnight, Nov. 1, 2008.

If you know of a student who would like to compete in this program, have them contact VFW Post #137 or visit VFW's Web site at www.vfw.org for an official entry form.

Thank you, Penny Siven, Auxiliary #137 -Voice of Democracy Chairperson

#### **Dear Sisters**

I hope this finds everyone fondly bidding summer goodbye and eagerly awaiting fall colors as we get back into the swing of a routine. For those of you who are interested (and I hope that's a great many of you) here are our highlights for the upcoming meeting of October 7, 2008 @ 7:00 p.m.:

We will kick off our meeting with an inspection. I love knowing we're doing well and I'm ecstatic when it's proven! Then our new business will be planning a Halloween party! Come share your best (or worst?) party favor, flavor or trick to get this party in (or out of) order. And why stop with the merriment? We will continue with the planning of our Annual Children's Christmas party. After all is said and done we will be socializing with a light luncheon to follow.

As we are now in the swing of good communication it has become very clear how important each and every one of our officers and members are to this newsletter.

#### I will do them a little justice as I introduce these fine ladies to you:

- The Senior Vice is Bea Banicki, a great lady with an eye to the future of our organization, and a level head to keep us going in a great direction!
- The Junior Vice is Eda Dahl, who has such vitality about her.
- The Conductress is Sue Woods, whose loyalty is beyond reproach.
- The Secretary is Janette Bijold, whose dedication to her position has shown in her work.
- The Chaplain is Esther Krause, whose humor seems to always be present when times are tough in our lives. As Esther is our traveling comedian, we are seeking someone to fill her shoes when she is gone during the winter months.

Finally our youngest and newest member is the Door Guard - meet Clarissa Kelly. And, of course, yours truly, Angie Gibbons, Auxiliary President.

We can always find a niche for those that are eager to volunteer, as we are a volunteering organization.

As always, I'm looking forward to seeing all the Sisters of the Auxiliary at the next meeting and those who wish to join our ranks as well.

Angie Gibbons, President VFW, Post 137 Ladies Auxiliary

2024 West Superior Street

CLUB HOURS: Monday though Saturday - 3p.m. • Sunday - Noon

#### All You Can Eat SPAGHETTI Only \$5

Thursday nights 5p.m. - 7p.m.

third Thursday of every month

#### **DANCE AND INSTRUCTION**

with Keith Mierneke 7pm to close

#### Best \$8 FISH FRY in Town!

Friday nights from 5p.m. - 7p.m. baked and fried fish, fried shrimp, fried chicken or roast pork available as well

# **Every Friday night starting at 8:00 Uncle Rico's Karaoke**

Mid-Rats Menu for Friday nights at VFW 137 during Karaoke Pizzas, Chicken Strips, Hamburger, Hot Dog, French Fries, Onion Rings, Mozzarella Sticks, Breaded Mushrooms, Mini Tacos, & Jalapenos Poppers

#### **S7 STEAK & EGG BREAKFAST**

Sunday, 10a.m to 2p.m.

#### Bradley J. Bennett, Commander

It is with the utmost pleasure that I take this time to notify you that the following member of your Post has earned Veterans Forever Serving Award for his efforts in recruiting new and reinstated members to this great organization.

The award has been sent directly to the member listed, but I would greatly appreciate your extension of my congratulations and heart-felt appreciation to him at your next possible opportunity. It is through the tremendous efforts of individuals such as his that we will succeed in carrying out our many missions in this, our "Veterans Forever Serving" year.

Kenneth Hendrickson- - 5 Member Pin

Thank you, Commander, for your efforts in motivating this fine recruiter.

I remain - Yours in true comradeship,

George J. Lisicki - Commander-in-Chief

Veterans of Foreign Wars of the United States

#### **ATTN: ALL MARINES**

Saturday, November 8, 2008

Come & celebrate the Birthday of our Marine Corps!

VFW Post 3979 Cloquet

All interested Marines please call Ron Leslie: 628-3319 or Richard Chasse Sr.: 879-2005

# AIRFORCEASSOCIATIONCHAPTER226

### The Bong Flyer



# G.I. BILL BACKGROUNDER

Many of our AFA members have contacted us with questions about the Post-9/11 GI Bill. While there are still many unanswered questions about how this legislation will apply in the many unique cases that are sure to come, we wanted to provide the information that is currently available.

First, the vast majority of the funds allocated for the new GI Bill will not be available until the 2009-2010 academic year. For the academic year about to begin, eligible recipients of the current GI Bill will receive a monthly benefit of \$1,321 per-month, an increase of \$220 per-month from the current amount.

Second, the new GI Bill is generous and broad in scope. Under this iteration of the program, there are no enrollment fees to pay – your eligibility is based solely on your length of service after September 10, 2001. Anyone on active duty in the Armed Forces (including Guard and Reserve) for three years or more is entitled to the full benefit for themselves up to 15 years post-separation.

At a minimum, anyone serving for three months after September 10, 2001 is eligible for 40% of the benefit. After that, eligibility is staggered based on the time you have served on active duty status. For more specifics, you can check the link to a fact sheet produced by the VA at the bottom of this article.

This new enhancement is a big step forward for the Reserve Component, which was previously required to remain in the Guard or Reserve to receive the money. To protect those injured in service to our country, anyone injured with at least 30 continuous days on active duty and discharged due to service-connected disability is eligible for 100% of the benefit.

Full eligibility benefits include four years of tuition at any of the Service member's home state public universities, plus a monthly stipend for housing and living expenses which averages about \$1,100 nationwide. It also includes an annual expense of \$1,200 in tutoring services and \$1,000 more to cover books.

Altogether, the benefit could exceed more than \$25,000 a year in the most expensive states. Veterans who have not yet used up their education benefits, or those who never signed up for the GI Bill when they were serving, can take advantage of the new rules.

Another key feature of the new GI Bill is the "Yellow Ribbon GI Education Enhancement" program. As was mentioned before, full eligibility includes four years at any public school in a given state. In other words, a service member can go to the most expensive state school in their home state with the VA paying full tuition and other costs as laid out previously.

Under the "Yellow Ribbon" program, the VA will come to agreement with the private schools across our nation to split the costs of sending service personnel or their families, giving them an option to attend a

private school if that is their wish. A major stipulation, and benefit to eligible recipients, is that a prerequisite to these agreements is that the school's share cannot be a loan; it must be a grant or scholarship.

Once the school has outlined the maximum contribution they are willing to offer each student, the VA would provide the rest, provided an agreement is reached. We hope that the VA will strike deals with private schools across the nation so that those who have performed all they have been tasked with will have the tools to pursue any academic dream they have for themselves or their families.

With the Post-9/11 GI Bill, transferability of the GI Bill benefit to a spouse or dependants is now a reality. Under the new GI Bill, troops who served at least 10 years on active duty will be able to transfer their benefit to a spouse or dependent child. Spouses can receive the money even sooner if their service member has been in the Armed Forces at least six years and agrees to another four-year contract.

Families now have discretion in choosing how to divide the benefit, as long as they do not exceed 36 months of college classes. For example, a retired Airman can use two years of benefits to pay for a two-year degree program, and then transfer the last two years to a spouse or child, provided they meet the length of service requirements.

When thinking about this new transferability, keep in mind that this is seen as more of a retention tool, rather than an immediate benefit for personnel and family. Unfortunately, this ability to transfer benefits only applies to the Post 9/11 GI Bill program, and not the previous renditions of the GI Bill.

There are other limitations to the benefit. For those veterans who have already used all of their GI Bill benefits, the changes do not offer any new money. Many of the most vocal supporters of the bill, older veterans who were not provided a GI Bill benefit adequate to cover the costs of a four-year college education, acknowledge the changes will help the next generation of young service members more than themselves.

Further, if troops or veterans attend state schools that are less expensive, they will not get to pocket the difference – the benefit only covers what veterans are actually charged by their respective schools. If they decide to go to private schools not in the Yellow Ribbon program or out-of-state colleges, they will have to cover the difference between their higher tuition bills and the state-assigned reimbursement figure. Additionally, the Post-9/11 GI Bill will not cover some types of non-academic expenses related to on the job training, apprenticeships, flight training, and more.

There are still many unknowns about the new benefit. The Senate is already working on technical amendments to clarify some administrative errors in the recently-passed legislation. Also, the VA is working to come to grips with this massive and complex new program and will need to promulgate rules on a host of applicability issues. As they do, we will be watching with the interests of our membership as the top priority.

For more information, visit the VA's website for the

new GI Bill at www.gibill.va.gov, and pay particular attention to a helpful brochure they have put together, which you can find at http://www.gibill.va.gov/S22/Post\_911\_Factsheet.pdf.

#### THE AIR FORCE CAUCUS

(extracts taken from www.afa.org)

In 1998, Rep. Cliff Stearns (R-FL) asked Air Force leaders what he could do to help them keep the service strong as it looked to develop new capabilities for the decades ahead. Their answer: Band together with like-minded legislators to support Air Force positions and needs on Capitol Hill. He did just that. With fellow Air Force veterans Rep. Sam Johnson (R-TX) and Rep. Joseph R. Pitts (R-PA), Stearns founded the Air Force Caucus in September, 1998. It is the first such group formed around pure Air Force issues.

The Caucus has grown from its original 19 members, and now has nearly 70 members. Members come from both major parties and all regions of the country. Many have served in the Air Force, Air National Guard

or Air Force Reserve. As the caucus spread across the Capitol to the Senate side, Senator Mike Enzi (R-WY) took the reigns as the Senate Co-Chair.

Today, a declining percentage of national lawmakers have military experience in their background. In 1994, about 40 percent of House members and 61 percent of Senators were veterans. By 2002, this figure

had decreased to 32% for both chambers combined. The diminishing military "voice" on Capitol Hill makes the value of a service-specific caucus to the men and women of the Air Force greater than ever.

From our local region, Congressman James L. Oberstar and Senator Norm Coleman both serve on the caucus, along with Congressman Collin Peterson from Minnesota's 7th Congressional District.

#### 2009 Aerospace Education Partnership Campaign

Yes, I want to become a Partner/Investor in the Bong Chapter AFA Aerospace Education and Cadet Recognition Program. Please note my name and contribution level as indicated below:

Shares at \$20 per Share

Please list me as a (Half) of (Full) Classroom sponsor. Class sponsorship is \$94	
I would like to help "hands on" in these programs	

\_

Address

Please make your check payable to Richard I. Bong Chapter AFA

and send to: **Jim Armstrong**724 Maple Grove Road • Duluth, MN 55811-4525

#### Welcome to our Community Partners

For information on becoming a Community Partner please contact Earl Rogers













### NORTHLAND VETERANIS/ASSOCIATION

# INTERMINENTAL STATEMENT OF THE PROPERTY OF THE



Kathy Camps President

Meetings 4th Monday of the month at 6pm • 101 West 2nd Street

#### BOARD OF DIRECTORS

President: Kathy Camps	
Secretary: Dan Smestad	525-3669
Gambling: Bob Woods	

Bob Gunnarson	624-2573
Durbin Keeney	721-3980
Mike Hanson	624-4474
Dennis Marthaler	525-7561
Dwight Nelson	624-4362

## **NVVA** News

Durbin M. Keeney

ummer is over and fall is here which means that many of the activities that NVVA participates in each year are over as well. We have been in many parades and events. Blues Fest is history for this year, and the picnic was wonderful. We need to thank all those members that have always been there to represent the organization.

Many old faces were seen this summer that we have not seen for along time. One that looks extremely well is Dave Talbet. He looks better than many of us and he has gone through a lung transplant over a year ago. We have often joked that he would be the last man standing and even nicknamed him "dead man walking," – well, that is not the case at all. He may be the last man standing-who knows?

Dan Smestad who has had many serious health issues and a kidney transplant and now prostate cancer, is looking great and is doing so well. The truth is that the average age of a Vietnam Veteran is 65\_. This is one time that this writer is happy to be below average. Sad to say we are growing older. Many of us have retired or will soon be retiring. I sometimes find that hard to believe.

I remember one night in Nam when one of the guys on our QRT team had his 19th birthday. Some guys got on my case as the oldest guy in the team. The conversation went on as to how old we wanted to live to be. I told them that I we more concerned about getting to see the sun come up and getting home in one piece than how old that I would live to. We who are here today are blessed.

I once asked Joe Venier how he was doing, and he gave me words to live by. "I am still looking at the daisy from the top down," he said. "It's a good day." God bless Joe and all other veterans who are still able to look at the daisy from the top down.

We, as an organization, are going through many changes as a direct effect of aging. Time commitments have changed, as well as challenges in the fund raising area. We are taking a look at the next ten years and beyond for this "last man's club." What will our legacy be for our members and organization?

Think about all that we have done to date. NVVA look the lead in bringing the Vet's Center to Duluth, the Silver Bay Veterans Home, and the Twin Ports Out Patient Clinic. We built the memorial known to many as the jewel of the Lakewalk, and started the Northland Vietnam Veterans Memorial Foundation that supports the Memorial while providing more than \$50,000.00 in scholarships to descendents of Vietnam Veterans.

MACV-Duluth was conceived and has been supported for over ten years. NVVA is the first private supporter of the Duluth Veterans Place, supports the Van programs at MACV and in Carlton County, and handles clothing for veterans that have experienced homelessness and are looking for work. It also handles outreach

services in combination with the Salvation Army. NVVA already has an impressive legacy.

Though we have an impressive history, NVVA's work is not finished. There is so much yet to do – many more parades, dinners, and picnics. More over, there are many more veterans that we can

and will help. The question is how. If you are interested, please come to the next meeting the fourth Monday at the Carnegie Building, Room #115, at 1800 hrs.

One member that is not yet retired, but some times refers to himself as "just tired" is Bob Woods. Truth be told, he is a tireless member of NVVA. Through the support of his wonderful wife Sue this organization has grown and is as good as it is.

He really cares so much for our veterans and carries himself well as a spokesman for the organization. For the past few years this long-term member has been our charitable gambling chairman and has been a member of the Color Guard, Board, and just about anything else that this organization has asked of him.

He has been the "bucket man" at the Bluesfest and spent many a summer night down at Bayfront Park raising money to build the Memorial. Whenever NVVA has needed him he has always been there to give his all. He is a Marine's Marine, and a good friend for being a kid of 58. Thank you, Bob – we all salute you.

#### Interesting Census Stats and "Been There" Wanabees:

- 1,713,823 of those who served in Vietnam were still alive as of August, 1995 (census figures).
- During that same Census count, the number of Americans falsely claiming to have served in-country was: 9,492,958.
- As of the current Census taken during August, 2000, the surviving U.S. Vietnam Veteran population estimate is 1,002,511. This is hard to believe, losing nearly 711,000 between 1995 and 2000. That's 390 per day.
- During this 2000 Census count, the number of Americans falsely claiming to have served in-country is 13,853,027. By this census, four out of five people who claim to be Vietnam vets are not.
- The Department of Defense Vietnam War Service Index officially provided by The War Library originally reported that 2,709,918 U.S. military personnel served in-country. Corrections and confirmations to this errored index resulted in the addition of 358 U.S. military personnel confirmed to have served in Vietnam who were not originally listed by the Department of Defense. All names are currently on file and are continually accessible.

#### - CONTINUED FROM PAGE 5

The new legislation, called the "Veterans Health Care Budget Reform Act", would authorize advance appropriations for Department of Veterans Affairs (VA) health care programs one year in advance of the start of the fiscal year, an idea favored by more than 80 percent of American voters, according to a survey released today by the Disabled American Veterans.

The Veterans Health Care Budget Reform Act would also require the Government Accountability Office (GAO) to audit VA's budget forecasting model and report to Congress and the public on the integrity and accuracy of the model. With these estimates in hand, Congress would be greatly enhanced in their ability to develop and enact sufficient funding levels for VA health care.

"While funding levels have increased in recent years, particularly over the past two years, Congress has failed to approve a new VA appropriation bill on time for 19 of the past 21 years," said DAV Commander Ray Dempsey. "Our polling results show that the American people overwhelmingly support a proposal to have Congress approve VA's health care funding one year in advance to once and for all end these delays," Commander Dempsey said.

The poll released by DAV this morning, which was conducted by Belden Russonello & Stewart, found that Americans believe veterans health care funding is at the top of our national priorities; strongly believe that the government is not doing enough to support veterans; and overwhelming favor requiring Congress to determine the budget for veterans' health care one year in advance to prevent delays. The nationally representative telephone survey of 827 adults was conducted between August 20 and 24, 2008 and has a margin of error of ± 3.4%. Full details of the survey are available at www.dav.org/voters/documents/veteran\_survey\_memo.pdf.

# 48TH**FIGHTER**WING

#### of the Minnesota Air National Guard

eployments have begun again for the men and women of the 148th Fighter Wing of the Minnesota Air National Guard. This is the time that all the planning and training for the unit has to come together. It is like a great symphony with each movement carefully orchestrated. Every detail and contingency is planned and has been drilled and drilled again to make ready for this deployment to go forward without a hitch. I remember being told in my service days "that good planning makes good execution."

That statement is also true for the Guard members and it needs to be true for the families. Today we are again sending our friends, neighbors, and relatives into harm's way for the cause of freedom. This is, to say the least, a strain on the families left behind and the soldiers that are leaving their families, jobs and all they are familiar with for this deployment. Many of these people have been through this before as deployments are a natural part of the commitments that they made to the unit and our country. School has just begun, fall activities are put on hold, birthdays and holidays will be missed and just being there for all kinds of bumps and bruises of life is now put on hold. This is a stressful time for all.

There is great planning to assist the families. So much preparation has been done by North Star Inter Service Family Assistance Committee (NSISFAC), and many others are there to provide support. The NSISFAC was established in 2008 to strengthen cooperation among military and community support service agencies in the Northeastern Minnesota Region for the purpose of serving active military, veterans, and their families. This is a wonderful resource group. To get in touch with them call Co-chairs Jennifer Kuhlman, 148th Wing Family Program Coordinator, at 218-788-7833, or Paul Pedersen at MACV-Duluth at 218-722-8763.

What can we do in the community to help? I believe that this is a time for family, friends, church and community members to take action. To do so means being there for the families that are left behind. That

is not always as easy as it sounds. We all have busy lives of our own and taking on the additional responsibilities of another family's needs, for whatever the good cause, is asking a lot of anyone.

It is very easy for some to feel alone and overwhelmed and everyday issues can become difficult to address. Here are some ideas on how you can help; be a good listener and plug in where the help is needed. Frankly, being a good listener may be enough. Getting together for a cup of coffee is one way - it does

not have to be fancy, but it has to be real. Don't jump in and assume that the family needs or wants your help, ask before assuming that they need help.

If you are driving to common events it can be a great help to a family to offer to drive. This is great for sports, scouts, or



other activities. Invite service families to dinner or bring dinner over. Family incomes may be stressed, car repairs and home heating season is upon us. There is help. Just contact NSISFAC. It is very easy to feel alone and overwhelmed for some and every day issues become difficult to address.

All these issues can, and in many cases do, have direct effect on the families left behind. What about the deployed soldier and his or her concerns? It is a different war than others in the past and families have much more access through the use of the Internet. Cell phones also take care of some of the sting of being away, but it can be a two-edged sword. Phone cards cost money. Personal items are often not available.

Talk to family members or the NSISFAC and find out what soldier need. Then, send it to them. It does not have to be a big box. Steve Saari in my office sends

his son small items that he wants or often needs. I think that may be better than sending a big package. I know how important getting a package was, and the more often they come the better. Classrooms can adopt the father or mother of a child in the class and write to them as a group. There is so much that you can do if you are creative and have the desire.

There is one important warning that I want to put forward and I mean this from the bottom of my heart. Please do not promise something and then not keep your promise. Nothing can ruin a family or friendship more than assuring a soldier that you are going to do something for their family and then not do it. It is better not to promise and feel that you are doing something half-hearted out of a sense of obligation. Do, or promise to do, and then follow through. In the Bible we are told, "So let each one give as he purposes in his heart, not grudgingly or of necessity; for God loves a cheerful giver" (2 Corinthians 9:7). Many people interpret that passate as a financial gift. I believe that extends to our time as well.

I again say, as always, pray for our troops, but this time also pray for our neighbors and their families that are being deployed.

I never want this to be a political column, but remember when you step into the voting booth in November please remember that you are not only electing the President of the United States but you are electing the next Commander in Chief. This individual will in many ways will determine the safety and well being of all Americans in and out of uniform.

Diane and I were told two things over and over when in Europe last spring: we were asked why our elections take so long, and to please do not let the U.S. go the way of Europe. Please, you must vote as that is your right and responsibility as a citizen.

We all know that freedom is not free. We owe that much to those out there protecting us and keeping us free. God Bless America, and all those that serve us in uniform around the world. Keep praying for them and their families.

#### Minnesota National Guard to hold it's annual state conference at the Holiday Inn in Duluth

On April 24-25, 2009 the Minnesota National Guard Enlisted Association (MNGEA) will be holding its annual state conference at the Holiday Inn in Duluth. We'd like to ask you to consider making a financial contribution to help our chapter organize and host this important event.

MNGLEA is a non-profit, non-governmental, professional organization that represents the interests of both current and retired enlisted personnel of the Minnesota Army and Air National Guard. MNGEA is the only professional organization that specifically works on behalf of the enlisted guard members in the State of Minnesota. MNGEA has successfully worked to secure increased education benefits for those currently serving, and to reduce the tax burden on veterans & retired military personnel, as well as other quality of life initiatives. MNGEA is affiliated with the Enlisted Association of the National Guard of the United States (EANGUS) to work these same issues on a national level.

The 148th Duluth Chapter of MNGEA is working hard to make this coming year's conference 'the best seen to date'! Delegates from every corner of our state will be attending, and the conference will be our opportunity to showcase Duluth and northeastern Minnesota to the conferees and their families. Everything kicks off on Friday when the conference is called to order and committee meetings are held throughout the afternoon. That night delegates will have a chance to relax at a mixer held at the Duluth Air National Guard Base (a Hawaiian Luau). Saturday's events take place downtown at the Holiday Inn: a general business meeting during the day followed by a formal awards banquet and entertainment.

As you can imagine, it takes a lot of work and substantial resources to pull this kind of event off successfully. Our goal is to not just be successful, but to be OUT-

STANDING! This is our region's chance to shine and set the standard for future state conferences. The Duluth conference also serves as the lead-in to the Enlisted Association National Guard United States (EANGUS) conference taking place in Rochester, Minnesota in August 2009. We want the state delegates at that national event to be talking to people from all over the United States about the fantastic state conference Minnesota just held.

If you would like to learn more about our state/or national organization, please give us a call, send us an email, or visit the MNGEA website at www.mngea.com or the EANGUS website at www.eangus.org. We'll be happy to discuss our plans or answer any questions you might have.

We've begun the hard work to make our plans a reality, but we can't do it alone. With your support, we will be able to host an outstanding state conference in April, build momentum for the EANGUS national conference in August, and demonstrate Minnesota's commitment to military personnel and veterans to the whole country. Please consider contributing.

Thank you in advance for your time and hope to hear from you soon.

Keith Johnson, Chapter Co-Director Kelly Nelson, Chapter Co-Director Steve Gerads, 2009 Conference Fundraising Chair MNGEA 148th Duluth Chapter 4621 Phantom Drive Duluth, MN, 55811-6002



# **DULUTH COMBINED**

# **HONOR GUARD**



#### GREETINGS,

The honor guard has been quite busy lately. Currently we are at 141 services to date with others scheduled in the future. This is a monthly average of nearly 18 funerals.

Our Superior honor guard is now functioning which

should take care of some of our case load. We had the privilege of helping them train with their weapons and they were eager to start providing the families of Superior with the rifle salute, Taps, and presentation. Kudos to the men of the Superior VFW and American Legion for forming this new regional honor guard.

At the request of Steve Balach we attended the Paducah reunion at Mr. D's where Roger Reinert was a guest speaker and Dan Hartman was the MC. It really is a pleasure to attend these functions because these men have such a wealth of knowledge and history. They truly are an invaluable resource in which we really need to tap into before we lose them. I know that Dan Hartman and Karin Swor are doing their best to preserve our local veterans' history through interviews, artifacts, and other means on a daily basis but their job is endless. If you are able to volunteer some time to help these folks at the Veterans Memorial Hall, I am sure they would appreciate it.

This year the Northland Vietnam Veterans Association is uncertain of whether or not they will hold a 24- hour vigil to honor our local war dead whose names are etched on the wall of our local Vietnam Memorial. This is a travesty. Two of the reasons for them considering not holding this vigil are the age of this group of veterans and the low num-

bers of volunteers for this event. What really gets me is that these men and women served our nation (at the nation's request, not theirs), then come back and were ostracized and ex-communicated from all the Veteran Service Organizations.

They then have to start their own organizations to support each other because everyone had abandoned them. That, my friends, is what we are doing right now by not supporting or helping them in their time of need. We have an obligation to these men and women for their sacrifices for this country. We must also not forget that they have been a pioneering Goliath in helping with veteran's affairs by holding the government accountable to the needs of all veterans through lobbying, advocating and other means. Once this generation of Vietnam veterans dies off, so will a lot of their organizations.

I decided that I would write this month's article on why veterans hold vigils, honor our dead, have parades, and a myriad of other things we do. For those who have served in combat, they have witnessed the worst of humanity. They have witnessed carnage and destruction in unfathomable measures.

They have experienced the loss of friendships at home and abroad, of youth, and of innocence. We bear the burden of guilt

by our actions in the taking human life or are responsible for the displacement of many innocent civilians. For us that survive the insanities of combat, we carry the guilt of survival. I personally lost a driver whose wife had a baby girl two days after he was killed in action. Not one day goes by that I do not think about him or his little girl. Not one.

So why is it that we have parades, vigils, rallies, do

lobbying, and all the rest of the things we do? Is it to glorify and glamorize war? Is it to pump ourselves up to think we are better than the rest of our counterparts here or around the world? Is it that we have super egos and want attention? Is war just a video game we can just walk away from and pretend it never happened? In short, no!

We do these things because it is healing for us. We do it because it gives us a sense of pride and purpose in who we are and who we have become. We know that the price of freedom is not free and that there is a huge cost in what we do. We have Memorial Day services and vigils to remember those who have paid the highest price for the liberties and freedoms we enjoy at home.

We do it to perpetuate the memories of those who have died and for their families so that they will know that their loved one did not die in vain. We do this in hopes that the rest of society will understand our burdens and our pain; and that our responsibilities to this nation come with a price. We have a responsibility to live our lives the in the best was that we are able which also perpetuates their memory.

Remember the end of Saving Private Ryan when the old man asked his wife to tell him that he lived a good life? It wasn't to stroke his ego. It was because he honored the memory of his commander who was killed and needed that reassurance that he did live his life with honor, with integrity, was respectful, was charitable, was kind, and a gamut of reasons. This is how we honor our war dead and this is just a few of the reasons why we do what we do. We also do what we do so that others don't have to.

Our meetings for the honor guard are held every second Tuesday at the American Legion post # 71 @ 7:00 p.m. Officers will meet @ 6:30p.m. If anyone is interested in joining our ranks, please inquire, I don't believe you will be disappointed by your interest.

John Marshall - Commander

#### Election is Tuesday, November 4, 2008



# - Vote - CHANGE DAHLBERG NOW!

**NEW VISION...** Solid Experience

Paid for Dahlberg Volunteer Committee, PMB#110, 4602 Grand Avenue Suite 1000, Duluth, MN 55807



"This is a paid political ad and does not necessarily express the views of this paper, it's owner, it's staff, or any of the contributing organizations or persons about any candidate or political position; and should not be considered as an endorsement."



PO Box 161456 Duluth, MN 55816



























